

## NUTRITIONAL SCIENCES PROGRAM

SCHOOL OF PUBLIC HEALTH

## 2022-23 ANNUAL REPORT



The University of Washington Nutritional Sciences Program prepares students to improve individual and population health through the study of foods, nutrients, dietary behaviors, food and policy environments, food systems, and health outcomes.

## UNDERGRADUATE

- **Food Systems, Nutrition, and Health Major (BA)**
- **Nutrition Minor**
- **Courses in the Nutritional Sciences Option (BS)** within the Public Health-Global Health Major
- **Courses to support undergraduate learning** in biology, education, public health, and nursing

## GRADUATE

- **Master of Public Health, Public Health Nutrition**
- **Master of Science, Nutritional Sciences**
- **Doctor of Philosophy, Nutritional Sciences**
- **Graduate Coordinated Program in Dietetics (GCPD)**, graduate-level training leading to the Registered Dietitian Nutritionist professional credential

## PROGRAM HIGHLIGHTS



### Dietetic interns explore sustainable diets

Dietetic interns in UW GCPD take a deep dive with Food Systems educator Marie Spiker on sustainable dietary patterns that serve human and planetary health.

<https://bit.ly/3Jo4368>



### Food Systems capstones collaborate with UW Farm

Food System majors completed capstone projects to help UW Farm advance strategic planning.

<https://bit.ly/41FgX5W>

## STUDENT HONORS

- **Kaila Red Bow**, UW Food Systems major named to Husky 100 for 2023
- **Hannah Whobrey**, UW Food Systems major received 2023 Husky Sustainability Award
- **Kayla Guzmán** and **Andrea Litzow** honored with 2023 School of Public Health (SPH) Excellence Awards
- **Danny Beery** (MS/GCPD) received Washington State Academy of Dietetics 2023 Outstanding Student in a Dietetics Program
- **Jonathan Lara-Arévalo** (MPH) received the Carrie Cheney Student Leadership Award
- **Paola Maria Bregni Ibarra** (MS/GCPD) received the Beverly Winter-Eben Student Service Award

## ENROLLMENT

### Major

**258 enrolled** in spring 2023;  
**graduated 128** in the 2022-23 academic year

### Minor

**111 enrolled** in spring 2023 from 12 colleges and 30 majors; **graduated 63**

### Undergraduate Courses

**5,341 registrations** in  
64 NUTR course offerings

### Graduate Program

**34 enrolled** in MPH, MS, and PhD programs with a range of undergraduate backgrounds including agriculture, business, environmental studies, journalism, and public health; **graduated 21**

## STUDENT SUPPORT

- **Seven undergraduate major students were awarded \$1,500 scholarships each for a total of \$10,500**, making up the fourth cohort of Food Systems Scholars
- **Continuing graduate students awarded \$38,000 in scholarships**, making possible their focus on education and training through fieldwork, practicum, capstone, and thesis
- **Student Resource Fund launched**, offering support to students with costs associated with culminating projects, emergency situations, professional development, and registered student organization activities

## PROGRAM NEWS

- **Michelle Averill named interim program director** of the Nutritional Sciences Program
- **Sarah Collier joins committee** reviewing linkages between soil health and human, appointed by the National Academies of Sciences, Engineering, and Medicine
- **Anne Lund receives 2023 Commission on Dietetic Registration Leadership Award**
- **Program will launch an international search for a new program director in 2024**



## GIVE A GIFT OF SUPPORT

A gift to the Food Systems, Nutrition, and Health Major Fund or Nutritional Sciences Grad Support Fund supports scholarships, program development, and additional academic enrichment opportunities for our students.

<http://nutr.uw.edu/about/giving>

## FACULTY & STAFF

- **Pia Chapparo** joined core faculty as assistant professor in January 2023
- **Cristen L. Harris** promoted to teaching professor in July 2023
- **Yona Sipos** promoted to associate teaching professor in July 2023
- **Jessica Jones-Smith** promoted to professor in July 2023
- **Nichole Maiman Waterman** joined staff in October 2022

## STAY CONNECTED

<https://nutr.uw.edu/alumni/>

Update your UW alumni information on our website, or connect on social media.



UNIVERSITY of WASHINGTON

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