

**AUTUMN SEMINAR 2023**

# THE BIODIVERSITY OF FOOD SYSTEMS

Food Systems, Nutrition, and Health Seminar

**Fridays**

12:30–1:20 p.m.

Kane Hall 120

Instructor: Yona Sipos

Course: NUTR 400/500

\*Sessions are via Zoom

The University of Washington acknowledges the Coast Salish people of this land, the land which touches the shared waters of all tribes and bands within the Duwamish, Suquamish, Tulalip and Muckleshoot nations.

SEP

**29**

## **INTRODUCTION TO BIODIVERSITY AND FOOD SYSTEMS**

**Yona Sipos**, Food Systems, Nutrition, and Health, Environmental and Occupational Health Sciences, School of Public Health, UW

OCT

**6**

## **TRIBAL COMMUNITY OBESITY PREVENTION: YOUTH DEFINING HEALTH THROUGH ACTION**

**Derek Jennings** (Quapaw/Sac and Fox), Associate Dean for Indigenous Affairs and Engagement; Bezruchka Family Endowed Professor, School of Public Health, UW

**13**

## **FARM TO PRESCHOOL: CULTIVATING AN ECOSYSTEM OF CHANGE**

**Kelly Okumura**, Farm to Preschool Program, City of Seattle

**20**

## **COMMUNITY FOOD SYSTEMS: BIODIVERSITY, BUGS, AND WELL-BEING**

**Tony Dickey**, Pollinator-Plus; Washington Native Bee Society; Beacon Food Forest

**27**

## **SOIL HEALTH: A FOCUS FOR PLANETARY HEALTH AND ONE HEALTH INTERVENTIONS**

**Eli Wheat**, Program on the Environment; Food Systems, Nutrition, and Health, UW

NOV

**3**

## **EXTREMISM IN DEFENSE OF FLAVOR IS NO VICE**

**Chef Bruce Naftaly**, Marmite, Le Gourmand, Sambar

**10**

## **SEAFOOD BIODIVERSITY AND HUMAN HEALTH\***

**Joey Bernhardt**, Department of Integrative Biology, University of Guelph

**17**

## **AGROECOLOGY & AGROBIODIVERSITY\***

**Marney Isaac**, Professor and Canada Research Chair, Sustainable Food & Farming Futures Cluster Co-Director, University of Toronto

DEC

**1**

## **THE ORGANIC-REGENERATIVE FOODSCAPE: CHALLENGES AND OPPORTUNITIES**

**Melissa Spear**, Tilth Alliance, Coalition for Organic & Regenerative Agriculture (CORA)

**8**

## **GROWING A BIODIVERSE FOOD SYSTEMS FUTURE**

**Yona Sipos**, Food Systems, Nutrition, and Health, Environmental and Occupational Health Sciences, School of Public Health, UW

Presented by the UW Nutritional Sciences Program. Register for NUTR 400/500 for this 1 credit course.

All UW faculty, student, and staff members are welcome to attend.

Some recordings available on YouTube the Monday after the session date.