

# NUTRITIONAL SCIENCES GRADUATE PROGRAMS

Improve individual and population health through the study of foods, nutrients, dietary behaviors, health outcomes, and food and policy environments. The University of Washington Nutritional Sciences Program offers strong links to the University of Washington Health Sciences Center, Fred Hutchinson Cancer Research Center, county and state public health agencies, and regional hospitals that provide unique opportunities for students to participate in innovative nutrition research, diverse clinical experiences, and hands-on public health training.

## OFFERINGS

If you're interested in nutrition or food systems or are contemplating a career in dietetics or public health policy, the Nutritional Sciences Program at the University of Washington is uniquely positioned to help you reach your goals.

- > **Master of Public Health (MPH):** Interdisciplinary training in public health with a grounding in evidence-based nutritional sciences
- > **Master of Science (MS):** Gain advanced understanding of human nutrition, research methods, and practice in research and community settings
- > **Doctor of Philosophy (PhD):** Advanced training in human nutrition to prepare for careers in post-secondary teaching and research
- > **Registered Dietitian Nutritionist (RDN) Training:** Integrate your graduate program with required practice experience to become a licensed RDN through the Graduate Coordinated Program in Dietetics (GCPD)



## ADMISSIONS

Applications for our graduate programs are due December 1 for the following autumn quarter.

## APPLICANT QUALIFICATIONS

We seek to enroll students with the abilities, academic commitments, diversity of perspectives, backgrounds, and talents that create a stimulating learning environment. We attract students from many academic backgrounds, including but not limited to the natural sciences. Admission is based on academic record, quantitative skills, relevant experience, and motivation for and interest in nutritional sciences.

## CONTACT

Nutritional Sciences Program  
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[nutr.uw.edu](http://nutr.uw.edu)

## **MASTER OF PUBLIC HEALTH** (PUBLIC HEALTH NUTRITION)

### *Year 1 Autumn 17 credits*

NUTR 500 Food Systems Seminar (1)  
NUTR 513 Food and Society (2)  
NUTR 520 Nutrition and Metabolism I (4)  
PHI 511 Foundations of Public Health (3)  
PHI 512 Analytic Skills for Public Health I (7)

### *Year 1 Winter 13-16 credits*

NUTR 512 United States Food Systems Policy (3)  
NUTR 521 Nutrition and Metabolism II (4)  
NUTR 536 Education Principles & Practice (2) \*  
NUTR 558 Foundations of Dietetics (1) \*  
PHI 513 Analytic Skills for Public Health II (3)  
PHI 514 Determinants of Health (3)

### *Year 1 Spring 14-16 credits*

NUTR 526 Maternal and Pediatric Nutrition (3)  
NUTR 560 Counseling for Chronic Disease (2) \*  
NUTR 562 Nutrition and Chronic Disease (4)  
PHI 515 Implementing PH Interventions (4)  
PHI 516 Public Health Practice (3)

### *Year 2 Autumn 8-15 credits*

NUTR 531 Public Health Nutrition (3)  
NUTR 532 Fieldwork in PH Nutrition (1)  
NUTR 559 Clinical Dietetics Practice (3) \*  
NUTR 563 Nutrition in Acute Care (4) \*  
NUTR 596 Nutrition Practice Capstone (4)

### *Year 2 Winter 10 credits*

NUTR 561 Practice Experience (10) \*

### *Year 2 Spring 10 credits*

NUTR 561 Practice Experience (10) \*

### *Year 2 Summer 10 credits*

NUTR 561 Practice Experience (10) \*

### *Credits not tied to a specific quarter:*

NUTR 595 Master's Practicum (6)  
Electives (5)  
Optional Thesis (9)

## **MASTER OF SCIENCE** (NUTRITIONAL SCIENCES)

### *Year 1 Autumn 14 credits*

BIOST 511 Medical Biometry (4)  
EPI 511 Introduction to Epidemiology (4)  
NUTR 513 Food and Society (2)  
NUTR 520 Nutrition & Metabolism I (4)

### *Year 1 Winter 9-12 credits*

HSERV 579 Structural Racism and Public Health (1)  
NUTR 500 Food Systems Seminar (1)  
NUTR 512 United States Food Systems Policy (3)  
NUTR 521 Nutrition and Metabolism II (4)  
NUTR 536 Education Principles & Practice (2) \*  
NUTR 558 Foundations of Dietetics (1) \*

### *Year 1 Spring 10-12 credits*

NUTR 514 Food Systems and Public Health (3)  
NUTR 526 Maternal and Pediatric Nutrition (3)  
NUTR 560 Counseling for Chronic Disease (2) \*  
NUTR 562 Nutrition and Chronic Disease (4)

### *Year 2 Autumn 7-14 credits*

NUTR 531 Public Health Nutrition (3)  
NUTR 559 Clinical Dietetics Practice (3) \*  
NUTR 563 Nutrition in Acute Care (4) \*  
NUTR 596 Nutrition Practice Capstone (4)

### *Year 2 Winter 10 credits*

NUTR 561 Practice Experience (10) \*

### *Year 2 Spring 10 credits*

NUTR 561 Practice Experience (10) \*

### *Year 2 Summer 10 credits*

NUTR 561 Practice Experience (10) \*

### *Credits not tied to a specific quarter:*

Electives (5)  
Optional Thesis (9)

\* GCPD Only