

FOOD SYSTEMS, NUTRITION & HEALTH MAJOR
SAMPLE COURSE PLAN

*This **sample** 4-year plan provides a framework for you to reference as you create your own academic plan.*

YEAR 1

AUT	WIN	SPR	SUM
NUTR 200 - 4 NSc	ENGL 131 - 5 C	BIOL 118 - 5 NSc	
A&H - 5	Breadth - 5	DIVERSITY - 5	
AOI - 5	SSc - 5	AOI - 5	
GEN ST 197 - 1			
15	15	15	

YEAR 2

AUT	WIN	SPR	SUM
CHEM 120 - 5 NSc	BIOST 310 - 4 RSN	NUTR 302 - 5 SSc/NSc	
WRITING - 5	Breadth - 5	ELECTIVE - 5	
AOI - 5	SSc - 5	NSc - 5	
APPLY TO MAJOR	SEMINAR - 1		
15	15	15	

YEAR 3

AUT	WIN	SPR	SUM
ECON 200 - 5 SSc	NUTR 303 - 5 SSc/NSc	MAJOR ELECTIVE - 5	
A&H - 5	AOI - 5	AOI - 5	
ELECTIVE - 5	ELECTIVE - 5	SOC 300 - 5 SSc	
15	15	15	

YEAR 4

AUT	WIN	SPR	SUM
NUTR 402 - 5	NUTR 412 - 5 SSc, W	NUTR 493 - 6	
MAJOR ELECTIVE - 5	MAJOR ELECTIVE - 5	MAJOR ELECTIVE - 5	
ELECTIVE - 5	ELECTIVE - 5	ELECTIVE - 4	
15	15	15	

In addition to major requirements, students complete general education, basic skills, and areas of inquiry for the School of Public Health. These 84 credits may overlap with major requirements.

General Education & Basic Skills

Composition (C), with a minimum 2.0 5 credits
 Additional Writing (W) 10 credits
 Reasoning RSN 4-5 credits
 Diversity DIV 3 credits
 Foreign Language None*

Areas of Inquiry (AOI)

Arts & Humanities A&H 10 credits
 Social Sciences SSc 10 credits
 Natural Science NSc 20 credits
 Additional AOI 25 credits

* SPH students may use first-year language courses for A&H if they complete the third-quarter course.