



The University of Washington Nutritional Sciences Program prepares students to improve individual and population health through the study of foods, nutrients, dietary behaviors, food and policy environments, food systems, and health outcomes.

UNDERGRADUATE

- **Food Systems, Nutrition, and Health Major (BA)**
- **Nutrition Minor**
- **Courses in the Nutritional Sciences Option (BS)** within the Public Health-Global Health Major
- **Courses to support undergraduate learning** in biology, education, public health, and nursing

GRADUATE

- **Master of Public Health, Public Health Nutrition**
- **Master of Science, Nutritional Sciences**
- **Doctor of Philosophy, Nutritional Sciences**
- **Graduate Coordinated Program in Dietetics (GCPD)**, graduate-level training leading to the Registered Dietitian Nutritionist professional credential

2021-22 PROGRAM HIGHLIGHTS

ENROLLMENT

Major

267 enrolled in spring 2022;
graduated 119 in the 2021-22 academic year

Minor

110 enrolled from
9 colleges and 28 majors

Undergraduate Courses

5,076 registrations in
33 NUTR course offerings

Graduate Program

35 enrolled in MPH and MS programs with a range of undergraduate backgrounds including business, environmental studies, and public health; **graduated 15**

Undergraduate capstone teams focused on resilient and equitable food systems **collaborating with 10 community partners.**

Faculty, students, and staff engaged in research and community-engaged projects **addressing the impacts of COVID-19 on food security, food systems, WIC, and tribal communities in Washington State.**

Peer advising group formed on eating competence and weight stigma.

Read story: <https://bit.ly/3N2zN15>

MPH student fieldwork projects included **assessing food corporations' commitment to racial justice**, expanding nutrition recommendations to be inclusive of **cultural dietary patterns**, supporting a **breast-feeding coalition**, and assessing **characteristics of grocery stores in less advantaged neighborhoods.**

MPH practicum projects involved work with the **Washington Department of Health, WSU Extension, PATH, Highline School District, the Weight Inclusive Toolkit Initiative, and Seattle Children's Adolescents Health Team.**

MS student projects included **clinical multivitamin protocols, charting processes** that better align with insurance expectations, **constipation following bariatric surgery, histamine intolerance**, CT scans for **malnutrition assessment**, and **helping families with children going home on tube feeding** by improving the discharge process.

STUDENT NEWS

- **Eight undergraduate major students were awarded \$1,500 scholarships each for a total of \$12,000**, making up the third cohort of Food Systems Scholars
- **Continuing graduate students awarded \$42,500 in scholarships** making possible their focus on education and training through fieldwork, practicum, capstone, and thesis
- **Christina Gonzalez and Evelyn Morris were honored with 2022 School of Public Health (SPH) Excellence Awards**

LOOKING AHEAD TO 2022-23

- **In May 2023, UW Nutritional Sciences Program will partner with Food Tank Live's 2022 Tour in Seattle.** Get details: <https://bit.ly/3D6wvAS>
- **In 2023, the Program will launch an international search for a new program director**



GIVE A GIFT OF SUPPORT

A gift to the Food Systems, Nutrition, and Health Major Fund or Nutritional Sciences Grad Support Fund supports scholarships, program development, and additional academic enrichment opportunities for our students.

<http://nutr.uw.edu/about/giving>

FACULTY & STAFF

- **Shannon Delaney**, administrator, resigned in March 2022
- **Michelle Trudeau**, administrator, joined the staff in March 2022
- **Adam Drewnowski** stepped down as program director in July 2022
- **Anne-Marie Gloster** promoted to associate teaching professor in July 2022
- **Liz Kirk** promoted to teaching professor in July 2022

STAY CONNECTED



<https://nutr.uw.edu/alumni/>

Update your UW alumni information on our website, or connect on social media.



UNIVERSITY of WASHINGTON

NUTRITIONAL SCIENCES PROGRAM
SCHOOL OF PUBLIC HEALTH

305 RAITT HALL, BOX 353410
SEATTLE, WA 98195
206.543.1730