

FOOD JUSTICE

YOUTHCARE'S ORION CENTER

UW Food Systems Capstone (NUTR 493) 2021



WHAT IS FOOD JUSTICE?

1

Everyone having access to nutritious, culturally appropriate food.

2

Fair wages & working conditions and dignity for everyone involved in food production.

3

Improve the quality of the natural environment, rather than diminish it.

4

Democratic rather than corporate control of the food system at all levels.

FOOD JUSTICE

ACCESS TO QUALITY FOOD FOR ALL



Availability



Adequacy



Sustainability

FOOD JUSTICE FOR SOCIAL JUSTICE

Social Justice demands the recognition of human rights, equal opportunity, and fair treatment for all. Food Justice aligns with Social Justice because it addresses the burden of environmental barriers within low-income communities when it comes to obtaining a healthy food experience. By addressing food justice we can establish a more accessible and equitable food system for all.

WHAT YOU CAN DO

- Find, call, and chat with people from other organizations
- Share the experience related to food justice
- Fight for equal opportunity
- Support increased access to nutritious, affordable, and culturally appropriate food
- Advocate for labor justice
- Championing food education

ACCOUNTABILITY

- New template for tracking food purchases
- EVERYONE is involved!
- Always room for growth
- Set accountability and goal measures for yourself, the group, and the organization as a whole

YOUTHCARE'S MISSION + FOOD JUSTICE

The first step is establishing reliable access to nutritionally adequate, culturally relevant food, as a method to help achieve social justice. Food justice is not just about food, it aims to seek out and dismantle the sources of racial and economic injustice. Investing in food justice is a means of investing in the future of homeless youth.



*pick up a brochure to learn more about the importance of food justice