



UNIVERSITY of WASHINGTON

NUTRITIONAL SCIENCES PROGRAM

SCHOOL OF PUBLIC HEALTH

JULY 2018 – JUNE 2019 ANNUAL REPORT



THE UW NUTRITIONAL SCIENCES PROGRAM PREPARES STUDENTS TO IMPROVE INDIVIDUAL AND POPULATION HEALTH THROUGH THE STUDY OF FOODS, NUTRIENTS, DIETARY BEHAVIORS, FOOD AND POLICY ENVIRONMENTS, AND HEALTH OUTCOMES.



UNDERGRADUATE PROGRAM

- > Food Systems, Nutrition, and Health Major (BA)
- > Nutrition Minor
- > Courses offered to Public Health-Global Health majors and other undergraduate students

GRADUATE PROGRAM

- > MPH, Public Health Nutrition
- > MS, Nutritional Sciences
- > PhD, Nutritional Sciences
- > Graduate Coordinated Program in Dietetics (training for Registered Dietitian Nutritionist credential)

ENROLLMENT

- > Major: 118 enrolled by autumn 2019, admission is quarterly
- > Minor: 116 students enrolled from 5 colleges and 31 majors
- > Undergraduate courses: 3,348 students enrolled in 23 Nutritional Sciences offerings
- > Graduate program: 15 students enrolled in the MPH and MS programs in autumn 2019 with a range of undergraduate backgrounds, including biochemistry, biology, dietetics, economics, kinesiology, microbiology, nutrition, physiology, and psychology

PROGRAM UPDATES

- > The Bachelor of Arts with a Major in Food Systems, Nutrition, and Health launched in autumn 2018 and enrolled its first students in winter 2019
- > In order to work on curriculum revisions and improve student opportunities, PhD admissions have been suspended for two years
- > Dr. Yona Sipos was welcomed as a lecturer in summer 2018
- > Susan Inman was hired as Manager of Student and Academic Services in autumn 2018

STUDENT SERVICES

- > Equity, diversity, and inclusion are priorities in advising and student programming
- > Served 391 undergraduate students through appointments, drop-in advising, and information sessions
- > Served 1,144 undergraduates via email

STUDENTS

- > Students have opportunities to strengthen community partnerships and get hands-on learning experience
- > Formed the Food Systems Coalition, a registered student organization that envisions a just and equitable food system that sustains and replenishes the vitality of our natural environment and all its inhabitants
- > 8 undergraduate majors were awarded a \$500 scholarship, the first cohort of Food Systems Scholars

17,626+

HOURS OF SERVICE, LEARNING,
AND WELLNESS TALKS PROVIDED
BY 14 GCPD STUDENTS DURING
THEIR INTERNSHIPS, FIELDWORK,
PRACTICA, & CAPSTONES

PEOPLE

- > **Adam Drewnowski**, NSP Director, is on sabbatical
- > **Liz Kirk** is NSP Acting Director
- > **Anne Lund** assumed new MPH Director role
- > **Jennifer Otten** assumed new Food Systems Director role
- > **Cristen Harris** joined as Senior Lecturer in autumn 2019
- > **Shirley Beresford** retired in autumn 2019
- > **Michael Rosenfeld** will retire in spring 2020

We are searching for two assistant professors to grow capacity in food systems teaching & research.

FOOD SYSTEMS, NUTRITION, AND HEALTH MAJOR INCUBATOR FUND

Committed alumni and their vision to re-establish an undergraduate degree sparked remarkable growth in the program and our re-engagement with the undergraduate population at the UW. A gift to the Incubator Fund supports scholarships, interdisciplinary course development, faculty development, partnerships for academic enrichment and career development, and a food systems and nutrition speaker series.



LOOKING AHEAD: 2019-2020

- > NUTR 402 Food Systems Modeling and Analysis and NUTR 493 Food Systems Capstone courses will be taught for the first time in winter and spring 2020
- > Expecting the first cohort of graduates from the Food Systems major in spring 2020
- > Revising MPH, MS, and PhD curriculums and preparing for the new common core curriculum for all MPH students beginning autumn 2020
- > Recruiting for a food systems advisory council comprised of professional and community leaders who share a passion for food systems that are sustainable, equitable, nutritious, and healthy for people and the planet
- > Hosting an Accreditation Council for Education in Nutrition and Dietetics (ACEND) review team in spring 2020
- > The American Society for Nutrition (ASN) Meeting will be held in Seattle in spring 2020